

# Anxiolytic/Hypnotic Treatment Selector

Charts reviewed January 2017. Full information available at [www.hiv-druginteractions.org](http://www.hiv-druginteractions.org)

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		ATV/r	DRV/r	LPV/r	EFV	ETV	NVP	RPV	MVC	DTG	RAL	ABC	FTC	3TC	TDF	ZDV	E/C/F/TAF	E/C/F/TDF	
Anxiolytics	Alprazolam	↑ <sup>a</sup>	↑ <sup>a</sup>	↑ <sup>a</sup>	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Bromazepam	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Bupirone	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Clorazepate	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Diazepam	↑	↑	↑	↓	↑	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Lorazepam	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	Oxazepam	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
Hypnotics	Chlordiazepoxide	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Estazolam	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Flunitrazepam	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Flurazepam	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑	
	Lormetazepam	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	Midazolam (oral)	↑	↑	↑	↓ <sup>b</sup>	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	Temazepam	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	Triazolam	↑	↑	↑	↓ <sup>b</sup>	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	Valerian	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔
	Zaleplon	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	Zolpidem	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑
	Zopiclone	↑	↑	↑	↓	↓	↓	↔	↔	↔	↔	↔	↔	↔	↔	↔	↔	↑	↑

### Colour Legend

- No clinically significant interaction expected.
- These drugs should not be coadministered.
- Potential interaction which may require a dosage adjustment or close monitoring.
- Potential interaction predicted to be of weak intensity (<2 fold ↑AUC or <50% ↓AUC). No *a priori* dosage adjustment is recommended.

### Text Legend

- ↑ Potential increased exposure of the anxiolytic/hypnotic
- ↓ Potential decreased exposure of the anxiolytic/hypnotic
- ↔ No significant effect

- a Initial inhibitory effect followed by inductive effect in presence of ritonavir. Start alprazolam at a lower dose and increase if needed.
- b Contraindicated by manufacturer.